

DIOCESE OF KUCHING



GEREJA ANGLIKAN
TABUAN JAYA ANGLICAN CHURCH
圣公会达万堂

CORNERSTONE

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MOVE FORWARD to
MATURITY
in **CHRIST**
Hebrews 6:1

And whoever **welcomes**
one such child in my
name welcomes me."

Mark 9:37



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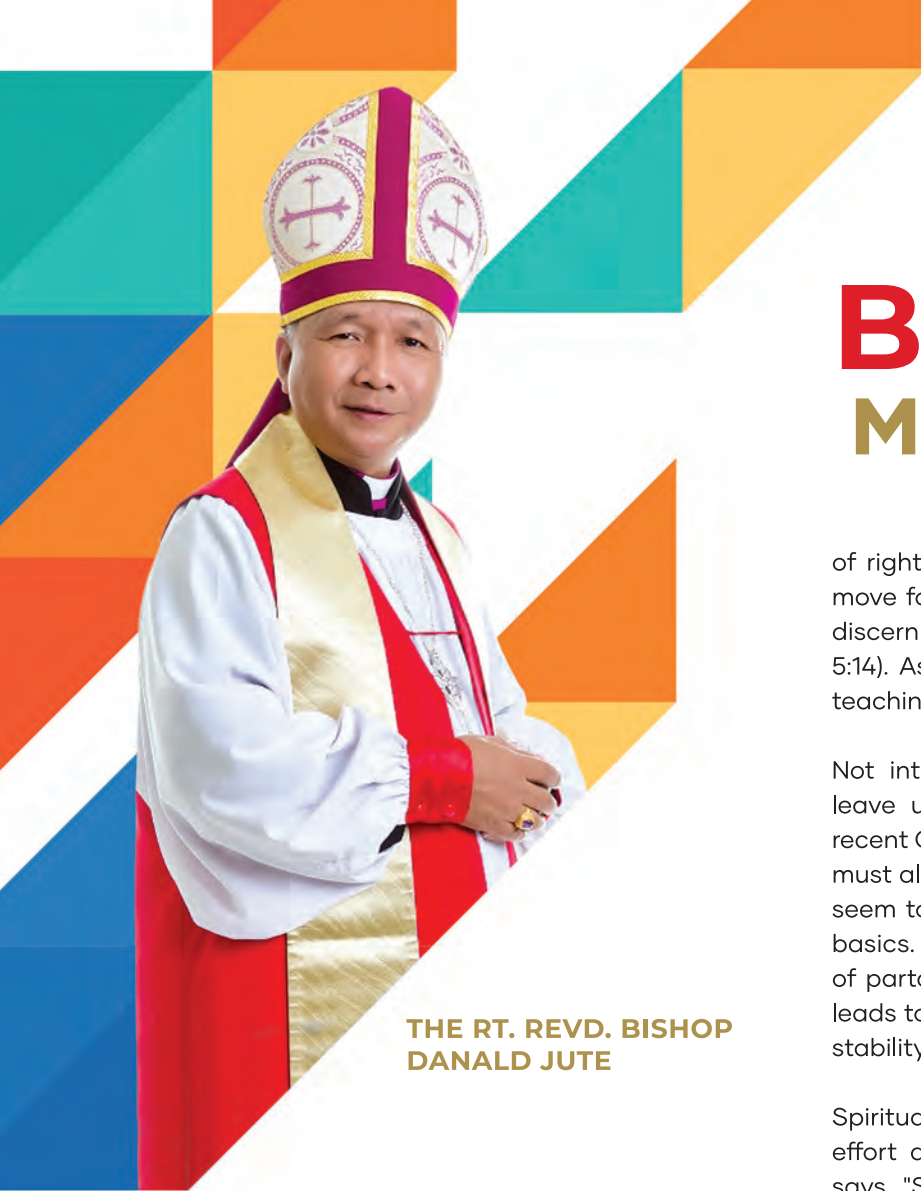
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**THE RT. REVD. BISHOP
DANALD JUTE**

BISHOP'S Message

of righteousness" (Hebrews 5:13). Again, if we do not move forward into maturity, we will lack the ability to discern properly between "good and evil" (Hebrews 5:14). As a result, we will become vulnerable to false teaching, doubt, and even spiritual laziness.

Not intentionally moving forward into maturity will leave us with stunted spiritual growth. During the recent Confirmation Service, I reminded TJAC that we must all keep growing. Sadly, there are Christians who seem to be forever stuck on the elementary and the basics. They deny and deprive themselves of the joys of partaking in "solid food", the deeper truths which leads to a fuller and more mature spiritual health and stability.

Spiritual maturity can be achieved through consistent effort and application of God's Word. Hebrews 5:14 says, "Solid food is for the mature, who because of practice have their senses trained to discern good and evil." A mature believer and a mature congregation will actively practise obedience to God's Word, which sharpens their collective spiritual insight and strengthens their spiritual maturity. For this reason, we have our Diocesan Decade of Discipleship (2021-2030) - that we may all grow into mature disciples.

Tabuan Jaya Anglican Church, you know how important this is. Let us all

"Move Forward to Maturity in Christ"

Hebrews 6:1

With prayers that we may help each other grow in Christ. Amen.

Dear people of God, the saints worshipping at Tabuan Jaya Anglican Church,

Grace and peace to you from God our Father and the Lord Jesus Christ, with prayers that you may be strong in the fellowship of the Holy Spirit. Amen.

The theme for this Cornerstone issue is most apt and relevant. As a Church, we must heed Saint Paul's call to "Move Forward to Maturity in Christ" (Hebrews 6:1). This isn't a mere suggestion or a good proposal. In fact, this is a command to be obeyed.

Why is it necessary for us to move forward into maturity? And how can we as a congregation achieve it? The principles in the book of Hebrews remind us that by moving into maturity, we can avoid spiritual stagnation and the dangers associated with it (Hebrews 5:11-14). In Hebrews 5:12, Paul rebuked his readers: "By this time you ought to be teachers, but you need someone to teach you again the basic principles of God's Word" (NIV). Essentially, he is asking: Why are you not growing into maturity? He reminds them of the danger of immaturity. A congregation that does not mature remains on a diet of "milk" and is "unskilled in the word





亲爱的上帝子民——达万再也圣公会的弟兄姐妹们：

愿天父和主耶稣基督的恩典与平安与你们同在，坚固你们在圣灵里的团契。

本期教会年刊的主题十分切合时宜——我们蒙召要“竭力在基督里迈向成熟”（来6:1）。这不是建议，而是必须遵行的命令。

希伯来书提醒我们，若不在信仰上长进，就会陷入属灵停滞与危险（来5:11-14）。保罗责备信徒：“本该做师傅，谁知还得有人将神圣言小学的开端另教导你们。”（v12）信徒若长期停留在属灵“吃奶”的阶段，便会缺乏分辨是非的能力（v14），容易被错误教导动摇，陷入疑惑和懒惰。

信仰成长需要持续的操练与对神话语的应用。“惟独长大成人的，才能吃干粮；他们的心窍习练得通达，就能分辨好歹。”（来5:14）属灵成熟的信徒与群体，会积极顺服神的道，使灵性更敏锐、更稳固。

正因如此，我们教区推行“十年门徒训练”（2021-2030），盼望众信徒都能成长为成熟的门徒。

达万再也教会的弟兄姐妹们，让我们同心“竭力在基督里迈向成熟”（来6:1），彼此扶持，在基督里不断成长。阿们。



Saudara-saudari yang dikasihi

dalam Tuhan, umat kudus yang beribadah di Tabuan Jaya Anglican Church (TJAC).

Tema bagi majalah Cornerstone yang berasaskan seruan Rasul Paulus “Anjakan Ke Kemantapan Dalam Kristus” (Ibrani 6:1) amatlah sesuai dan relevan. Ianya bukan sekadar saranan yang baik, tetapi satu perintah yang patut ditaati.

Firman tersebut dalam Kitab Ibrani mengingatkan kita bahawa dengan kita beranjak menuju kemantapan dalam Kristus, kita dapat mengelakkan kemerosotan rohani serta bahaya yang berkaitan dengannya (Ibrani 5:11-14).

Beliau menegur pembacanya yang sepatutnya sudah menjadi guru yang memahami firman Allah (Ibrani 5:12) dan mengingatkan mereka tentang jemaat yang tidak bertumbuh akan terus “minum susu” dan menjadi “tidak mahir dalam firman kebenaran” (Ibrani 5:13).

Dengan itu, jemaat tersebut akan kekurangan keupayaan untuk membezakan antara yang baik dan yang jahat (Ibrani 5:14). Akibatnya, mereka akan mudah terpengaruh oleh ajaran palsu, keraguan, dan bahkan kemalasan rohani.

Dalam Kebaktian Penetapan TJAC pada awal Oktober, saya telah mengingatkan jemaat bahawa kita semua mesti terus bertumbuh. Dengan ini, kita perlu menyambut dengan sukacita kebenaran yang lebih mendalam dengan mengalami “makanan keras” yang memberikan kesihatan dan kestabilan rohani yang lebih mantap.

Kemantapan seseorang boleh dicapai melalui usaha yang konsisten dan penerapan Firman Tuhan, serta melatih diri untuk taat kepada Firman Tuhan. Inilah sebabnya Keuskupan kita mengadakan Dekad Pemuridan (2021-2030) – supaya kita semua bertumbuh menjadi murid-murid yang mantap di dalam Kristus.

Amin.

ARCHDEACON'S Message

My dear friends, grace and peace to you from God our Father and the Lord Jesus Christ.

Indeed, it is an honour to be given another opportunity to write in your beautiful and meaningful Cornerstone, especially with your theme for this year, "Move forward to maturity in Christ," (Hebrews 6:1). As the writer of this epistle exhorts his readers, we are also to move beyond the elementary teachings about Christ and strive for maturity, growth and perfection in our faith, especially after many years of journeying in the faith.

Let us progress in our understanding and application of the teachings of Jesus and not remain stagnant or revert to our old ways of living. To build a strong foundation, the "Cornerstone" for our faith, we are to establish a solid groundwork in the teachings of Christ before moving on to deeper levels of understanding.

In conclusion, my dear friends, the theme for this year's Cornerstone is a call to spiritual maturity and growth in the Christian faith. It urges us as believers to move and strive for a deeper understanding of Christ and His teachings. This theme emphasizes the need for genuine repentance, wholehearted faith, and a commitment to ongoing spiritual growth. It serves as a reminder for us as believers to continually build upon the foundation of our faith and pursue maturity in our walk with Christ.

Grace be with you all.



THE VENERABLE JOSEPH DUSIT IJAU

Archdeacon of Lower Southern
Sarawak Archdeaconry

VICAR'S Message

勉词：

2025 年教会主题“竭力在基督里迈向成熟”（来六 1），呼召我们超越信仰的开端，竭力迈向成熟。强调，信仰不是一次性的决志，而是终其一生在基督里的旅程，从开端迈向完成，原文 τελειότητα 意指“完全”或“成熟”，提醒我们的信仰必须持续成长。

基督徒生命是不断成长的有机体，虽没人能在今生达到完全，我们仍当渴慕追求成长，直到主基督再来。圣经常用农业词汇描绘生命成长——如树木生根、开花、结果，是当时人们的日常。用现代词语可理解为“进阶”，或“升级”，如电子产品升级为更强，更高效的版本。

这过程并非自然发生，也未必畅通无阻。我们会遭遇各样外在和内在的压力，挣扎，障碍，拦阻，攻击等挑战。但希伯来书用被动语态 “φέρωμεθα”（“被带来”或“被拿来”），表明这过程非靠己力，而是有一股力量或第三者的介入。使我们完全希伯来书表明，耶稣基督是为众人献祭，把人领到上帝面前的大祭司，是信徒进到完全的中保。为此我们向上帝感恩，祂如此恩待我们。


信仰不仅是头脑知识，更是生活实践。因此教会提供多元平台帮助信徒操练生命；如大斋期培灵祷告会；鼓励并邀请信徒参加信仰讲座，走进乡区服事，在服侍中更深体验上帝恩典的运行。

我们为生命逐渐成熟的信徒感恩：他们自发组织祷告小组，积极参与乡区事服，修读信仰课程，甚至关心教会的园艺，这都是生命更新的鲜活见证。

愿上帝继续祝福每一位寻求信靠祂的人。
阿们。



堂会主任，郑晓靖牧师
THE REVEREND RICHARD CHANG



Our 2025 church theme, “Move Forward to Maturity in Christ” (Hebrews 6:1), calls us to grow beyond the foundations of faith and move forward toward maturity in Christ. Faith is not a one-time decision but a lifelong journey — from beginning to completion in Him. The Greek term *teleiōtēta* means “perfection” or “maturity,” reminding us that our faith must keep growing until it reaches its fullness in Christ.

The Christian life is a living, growing process. Although none of us reach perfection in this life, we are called to keep growing until Christ returns. Scripture often describes through agricultural imagery a tree growing, flowering, and bearing fruit. In modern terms, we might call it “moving to the next level” or “upgrading,” — becoming stronger and more effective through God’s renewing work.

This process, however, is not automatic nor free from obstacles. We face external pressures, challenges, and inner struggles that hinder progress. Yet Hebrews reminds us that we “are taken” (NIV) (*pherōmetha*), the passive voice, showing that maturity is not by our strength alone but through God’s power. Christ, our great High Priest, offered Himself for all and has brought us before God, leading us toward completion. For this, we thank God for His grace.

Faith is more than knowledge; it is a way of life. Therefore, the church provides platforms for believers to grow and practise their faith — through Lenten prayer meetings, conferences, and rural outreach ministries. As we serve, pray, and learn, we experience God’s grace more deeply in action.

We thank God for believers who are growing in maturity — forming prayer groups, serving in rural ministries, taking up faith courses, and even caring for the church grounds. These are living signs of Christ’s transforming work.

May God continue to bless all who seek and trust in Him. Amen.

Tema gereja kita untuk tahun 2025, “Anjakan ke Kemantapan dalam Kristus” (Ibrani 6:1), menyeru kita untuk bertumbuh melampaui asas-asas iman dan maju menuju kemantapan dalam Kristus. Iman bukanlah berlandaskan keputusan yang dibuat satu kali sahaja, tetapi ialah sebuah perjalanan seumur hidup — dari mula hingga penyempurnaan dalam Dia. Istilah Yunani *teleiōtēta* membawa maksud “kesempurnaan” atau “kematangan,” mengingatkan kita bahwa iman kita harus terus bertumbuh hingga mencapai kepenuhannya dalam Kristus.

Kehidupan Kristian adalah sebuah proses hidup yang bertumbuh. Walaupun tiada antara kita yang mencapai kesempurnaan dalam hidup ini, kita diseru untuk terus bertumbuh sehingga Kristus kembali. Al-Kitab sering menggambarkan pertumbuhan ini melalui metafora pertanian—seperti pokok yang tumbuh, berbunga, dan berbuah. Dalam istilah moden, kita boleh menyebutnya sebagai “naik ke peringkat seterusnya” atau “peningkatan,”—menjadi lebih kuat dan berkesan melalui karya pembaharuan Tuhan.

Namun, proses ini tidak berlaku secara automatik mahupun bebas daripada halangan. Kita berhadapan dengan tekanan luaran, cabaran, dan pergumulan batin yang menghalang kemajuan. Namun, Kitab Ibrani mengingatkan kita bahwa kita “dibawa” (*pherōmetha*). Kata kerja dalam bentuk pasif ini menunjukkan bahwa kematangan bukan dicapai dengan kekuatan kita sendiri, tetapi melalui kuasa Tuhan. Kristus, Imam Besar kita, telah mempersembahkan diri-Nya untuk semua dan membawa kita menghadap Tuhan, membimbing kita menuju kesempurnaan. Untuk ini, kita bersyukur atas kasih kurnia-Nya.

Iman lebih daripada sekadar pengetahuan; ia adalah cara hidup. Oleh itu, gereja menyediakan platform untuk jemaah bertumbuh dan mempraktikkan iman—seperti pertemuan doa Prapaskah, persidangan, dan pelayanan jangkauan luar bandar. Semasa kita melayani, berdoa, dan belajar, kita mengalami kasih kurnia Tuhan yang bekerja dengan lebih mendalam.

Kita bersyukur kepada Tuhan untuk jemaah yang semakin matang dalam iman—membentuk kumpulan doa, melayani dalam pelayanan jangkauan luar bandar, mengikuti kursus iman, dan bahkan menjaga kawasan gereja. Semua ini adalah tanda nyata karya transformasi Kristus.

Semoga Tuhan terus memberkati semua yang mencari dan percaya kepada-Nya. Amin.

Alpha 2025 Kesaksian



Puli Anak Langga . Saya mengetahui Program Alpha ini daripada adik saya. Saya adalah bekas seorang askar. Namun saya juga pernah menjadi ahli kumpulan kongsi gelap. Kini saya amat bersyukur kerana saya telah diselamatkan kerana kasih Yesus Kristus.

Melalui Alpha ini saya boleh berkongsi pengalaman dan hati saya terbuka untuk melayani Tuhan dalam apa sahaja pelayan yang mampu saya lakukan. Bagi saya semua topik dalam Alpha ini mempunyai kaitan dalam kehidupan kita. Melalui program ini saya amat bersyukur kerana dapat mengenali Tuhan dengan lebih dalam lagi.



Lucy . Melalui Alpha ini saya banyak belajar tentang Tuhan dan kasih-Nya. Sepanjang mengikuti Alpha ini saya mengalami banyak pengalaman yang positif, seperti kedamaian setelah saya mengenali Tuhan.

Saya telah merasakan sentuhan Roh Kudus setelah didoakan oleh Revd. Ron semasa di HOE, Alpha Hujung Minggu Roh Kudus. Kini saya tahu, jika kita percaya kepada Tuhan, Roh Kudus akan ada dalam kita. Saya juga belajar, sebelum kita membaca Alkitab kita harus berdoa agar kita dipenuhi Roh Kudus dan ini akan membantu kita memahami kandungan Alkitab.





Mambia . Saya amat bersyukur kerana hati saya terbuka untuk mengikuti Alpha pada tahun ini. Sepanjang mengikuti Alpha saya merasakan kedamaian. Saya turut merasakan kehadiran Roh Kudus semasa saya didoakan oleh Revd. Lawrence dan Revd. Ron pada Alpha Hujung Minggu di HOE. Saya dapat merasakan 9 buah Roh Kudus hadir dalam diri saya.

Setelah didoakan, semua beban dalam hati saya dapat dilepaskan. Saya berasa tenang dan amat bersyukur dengan berkat Tuhan dan dengan penyertaan Roh Kudus dalam hidup saya. Saya juga ingin membawa ahli keluarga yang lain untuk lebih dekat kepada Tuhan pada masa akan datang. Puji Tuhan.



Sangan . Saya amat bersyukur kerana melalui Alpha saya dapat belajar tentang sabar dan ikhlas. Saya juga belajar bahawa Tuhan itu selalu menyertai dan membimbing kita. Kini saya tahu bahawa Tuhan sentiasa menyertai kita walau dalam masa kesusahan dan kesedihan.

Saya juga amat bersyukur kerana dapat mengenali Tuhan dengan lebih dalam lagi. Puji Tuhan.



Hujung minggu Roh Kudus di HOE

为期三个月 启发课程，共有十五个课程、每周一次的聚会中，我们通过观看视频、讨论和分享，彼此逐渐熟悉，关系也日益亲密。今年我们有8位新朋友参加课程，大家似乎已经习惯了周二晚上的相聚时光，以下是课程结束时，其中两位参与者的见证摘录：



陈美霖姐妹

在启发课程的视频中，我看到有人因为祷告而获得了平安，从这一例子中，我切身体验到了祷告的力量。在4月16日的圣灵周末营中，长老们为我祈祷，我真切感受到圣灵的同在与祝福。此外，课程中提到了医治的故事，一位患者因抑郁症住院，他的妈妈和朋友以坚定的信心为他祷告，最终他得到了康复，这真是奇妙的经历。我衷心感谢每一位课程筹备成员。你们以耐心和热情确保活动的顺利进行，创造了一个自由发言的空间，让我能够在舒适的氛围中与大家一起讨论和探索基督信仰的生命与意义。谢谢大家！

何耀荣 (Ho Yaw Yang) 弟兄

启发课程让我更深的理解基督教。我不仅认识了天父上帝是谁，还结识了许多弟兄姐妹。也学会了如何祷告、读圣经，并在生活中信靠上帝。感谢上帝的引导，让我的生活变得更加美好，成为一个更好的自己。谢谢！





2025华人启发大会分享

2025年华人启发大会让我感受到，这不只是一次汇聚世界各地的华人兄弟姐妹的盛会，更是让我们在主里重新看见我们共同的身份、使命和盼望的契机。

大会中众人齐心敬拜的画面，让我深深感受到，无论我们来自哪里，说着怎样的口音，只要一同高举双手，用诗歌敬拜上帝，我就深刻地体会到基督身体合一的美。那种超越地域和文化的属灵连接，让我特别感动，也坚定了我的基督信仰。

大会中牧师和弟兄姐妹分享的见证以及体验，更让我深受启发。每位都用生命故事见证了在不同环境，文化，语言中，他们如何坚守信仰、依靠上帝、恒切祷告、面对挑战，克服困难、传扬福音。他们谦卑地讲述上帝如何翻转他们的生命，这些真实的故事让我明白：信仰不是局限在教会里的敬拜，更应活出在生活的每一个角落。

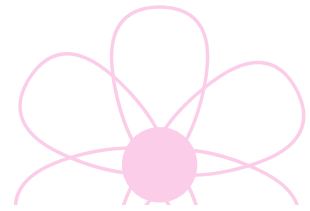
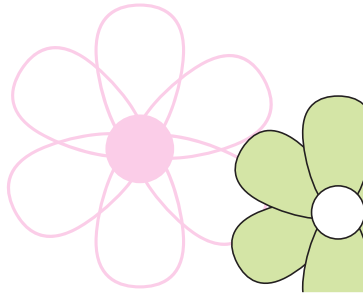
这次大会不仅让我心灵得着鼓舞，更激发我回应神的呼召。我立志，不再只做一名“礼拜天的基督徒”，而是愿意在家庭、职场和社会中，都勇敢为主发声的门徒。

总的来说，华人启发大会让我重新认识了基督信仰的意义和使命。大会的结束，是我灵命崭新的开始。我祈祷这样的感动不会因大会结束而冷却，反而能在日常生活中，靠着上帝的恩典和引导持续发热，装备自己成为祂合用的器皿。



赞美操事工回顾

Praise Dance



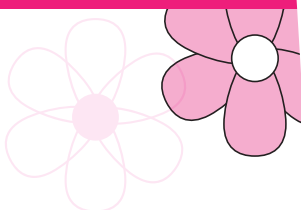
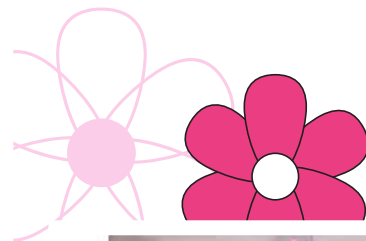
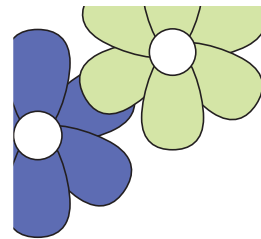
我满怀感恩地来到天父上帝面前，感谢祂的保守与眷顾，让赞美操事工自2009年开始，至今进入16週年了。每星期赞美操在古晋三个不同地点进行：

- > 星期一和星期四下午四点至五点，在达万堂教会；
- > 星期一和五早上七点至八点，在达万再也 SSG 公园；
- > 星期二和星期四早上六点半至七点半，在王长水路乐龄中心。

除了作操，也让人藉着诗歌，团契和祷告来传福音。赞美操弟兄姐妹们心中充满喜乐和爱参与其他活动，分别在7月23日的古晋自闭症协会慈善义卖会，和9月5日在古晋圣公会教区华语事工，的孝亲敬老爱宴呈献赞美操。

感谢天父赐给我们能力，透过赞美操表达我们的信心和赞美，也感谢天父带给团队每个人的能量、恩典和合一，用身心灵来荣耀主的圣名，但愿我们所做的一切事上在基督耶稣里，得着荣耀，直到永远，阿们！

导师/同工：
冯淑莹姐妹



主恩满溢记:华语部马当野生动物园一日游

2025年5月1日劳动节假期，在上帝的恩手引领下，我们华语部联合各家庭小组共 59 位弟兄姊妹，怀着喜乐与感恩的心，踏上了蒙福的马当野生动物园之旅。这不仅是大家庭的欢聚，更是上帝为我们预备的属灵盛宴，让我们在团契中真切体验基督里的相爱与合一。

清晨的阳光中，我们怀着诗篇 118 章 24 节的祝福——“这是耶和华所定的日子，我们在其中要高兴喜乐”——将行程交托在主手中，享受与主的同在喜乐。

上午八点半，大家陆续抵达动物园外的停车场集合。九时整，由郑牧师带领祷告后，我们分成两组进

入园区。马当野生动物园的游览令人赞叹不已：灵巧的猴子、绚丽多姿的鸟类、秩序井然的蚁群……每一处被造之物都在诉说着上帝的奇妙作为。观赏这些生灵时，我们不禁想起约伯记 12 章 7 节“你且问走兽，走兽必指教你”的训诲，更深切体悟到上帝创造的丰盛与美好。



午后在 Sg. Rayu 小溪旁的欢乐时光更是充满恩典。清澈溪水潺潺流动，宛如上帝永不止息的爱；孩子们欢快戏水，大人们亲切交流，彼此关顾，一同参与游戏、分享美食。

整整一日的活动中，59 位弟兄姊妹全程平安喜乐，处处可见主的保守。每一个欢笑的瞬间，都让我们更深体会基督身体的美好。这样的团契生活，正是上帝赐予我们属灵家庭的珍贵礼物。

活动在下午一时左右圆满结束，我们带着满满的感恩踏上归途。感谢主的看顾，使我们出入平安；感谢主的供应，赐下美好的环境与天气；更感谢主的爱，让我们在团契中学习彼此相爱，活出基督身体的见证。愿主继续带领我们的团契生活，使我们在相爱中不断成长，成为更美的见证。

陈周清 字





华语部祷告事工

Andrew Jung 郑柄收传道

感恩上帝 藉着星期二晚上的聚会将恩典赐给我们。

星期二晚上的聚会，最初是为了华语部圣乐组的练习而开始。为了能更好的奉献给上帝，我们学习玩乐器、学习唱歌。在聚会里，我们经历了满满的恩典与圣灵强烈的同在。

七月底，一批来自韩国教会的青年到来拜访我们的教会，并参加了星期二晚上的聚会。聚会中，我们一起敬拜、一起祷告。在韩国的弟兄姐妹大声呼求的祷告中，圣灵大大感动，也激励了在场的弟兄姐妹们，大家都领受了极大的恩典。于是，八月份开始，我们模仿韩国教会清晨祷告的方式，特别预留30分钟作为个人祷告的时间，并且将聚会改成祷告会，开放给堂会所有信徒。

祷告会结束后的分享时间，彼此交流及分享所经历的恩典。如今，弟兄姐妹不再觉得祷告是负担或困难。通过这些分享与反馈，我更加确信华语部祷告会的重要性。

我祈盼教会的领袖们能积极参与，愿通过这祷告会，堂会所有的弟兄姐妹的属灵生命都能成长，教会复兴起来。

《卓培玉》我总认为成立一个祷告事工并非简单，然而，上帝告诉我“不是倚靠实力，不是倚靠才能，乃是倚靠我灵方能成事”。

《吴佩兰》当我用“孩子”的身份来祷告时，一切都变了。我不再像个仆人一样努力讨好，而是像孩子一样，安静地来到父亲面前，知道自己被爱、被接纳、被聆听。

《吴源海》在圣灵带领下，让我更深的经历神的同在。通过圣灵的引导，不仅使我明白主的真理，还能让我在敬拜和祷告中，更贴近主的心意。



主一直与我同在

在软弱中 经历神的医治，在病痛中见证神的恩典——从病痛到盼望：主一直与我同在。

感谢主的怜悯与恩典！在我因肺部细菌感染而软弱的那些日子里，常觉得自己如同走在幽谷中，似乎前面没有出路。但奇妙的神亲自为我铺路，所遇见的医生几乎都是基督徒，他们不只在医术上帮助我，更在言语和关怀中，让我看见基督的爱。每一步，我都清楚看见神的手在带领。

休养的日子并不轻松，有时候身体疼痛、心里灰心，但在这样的软弱中，使我更深经历神的同在。藉着祷告，祂赐我平安，藉着读经；祂坚固我心，也藉着弟兄姊妹的代祷和关怀，使我重新得力、再次站立。弟兄姊妹们的爱心如同清晨的甘露，滋润我枯干的心，使我深深明白：在基督的身体里，我们从不孤单。

如今，我满心感恩地见证：神是信实的！祂是我的医治者，是我生命的盼望。虽然康复的路仍在继续，但我深信，主的恩典够我用，祂的慈爱永不止息。愿我的生命继续歌颂主的美善，愿一切荣耀都归给我们的救主耶稣基督。阿们。

傅德昌弟兄



Kesaksian

Kebaktian Bahasa Malaysia

Kasih kurnia dan damai sejahtera

kepadamu daripada Bapa kita Allah dan daripada Tuhan Yesus Kristus (Efesus 1:1). Pujian bagi Allah yang Mahakuasa atas semua berkat dan kurnia-Nya sepanjang tahun 2025.

Saya amat berterima kasih atas sokongan dan kerjasama yang diberikan khasnya dari kebaktian Bahasa Malaysia. Kami amat menghargai jasa Revd. Lawrence dan Revd. Roneo yang sentiasa melayani jemaat dengan setia serta Vicar TJAC Revd. Richard yang sentiasa menyokong pembangunan rohani jemaat TJAC. Kami amat diberkati dengan jemaat-jemaat yang terlibat dalam pelbagai pelayanan seperti pelayanan puji dan sembah, pelayanan audio dan visual, pelayanan sekolah minggu dan pelayanan muda-mudi. Tidak lupa juga untuk pelayanan ushering (penyambut tetamu) yang sentiasa memastikan ibadah hari Minggu berjalan dengan lancar.

Pada tahun ini seramai 14 orang dari jemaat BM telah menghadiri Kelas Penetapan. Mereka telah dibaptis dan ditetapkan oleh Rt. Revd. Bishop Donald Jute pada 5 Oktober 2025. Program Alpha BM pula telah dihadiri lebih kurang 17 orang. Hasil daripada program Alpha amat memberangsangkan dengan perkongsian beberapa kesaksian. Pelayanan muda-mudi berjaya melahirkan muda-mudi BM yang aktif dalam pelayanan di gereja. Penyertaan mereka dalam aktiviti muda-mudi gabungan mendapat maklum balas yang sangat baik. Puji Tuhan.

Harapan saya agar iman kita akan terus membangun dalam Yesus Kristus. Teruskan usaha mengenali Tuhan melalui Firman-Nya dan melayani Tuhan dalam kasih Yesus Kristus.

Tuhan memberkati.

Reader Gabriel Henry Ajin

GEMPURU BESAI GEREJA ANGLIKA (GBGA)



Pada 3 Mei 2025 Keuskupan Kuching telah mengadakan Gempuru Besai, iaitu satu perhimpunan gereja-gereja Anglikan yang menggunakan Jako Iban secara bahasa perantaraan. Perhimpunan ini adalah edisi yang Ke-4 dan dianjurkan oleh Gereja St. Luke, Sri Aman.

TJAC telah menghantar rombongan seramai 13 ahli yang diketuai oleh Revd. Lawrence Wah Onn dan Revd. Roneo J. Bunchol. Rombongan bertolak awal pagi pada pukul 3:30 pagi untuk perjalanan tersebut dan selamat sampai di Sri Aman pada pukul 6:00 pagi.

Perhimpunan yang bertemakan "Ngasika Allah Taala" atau "Taat kepada Tuhan" berasaskan Lukas 5:1-11. Seramai lebih kurang 1,300 orang menghadiri perhimpunan tersebut.

Perhimpunan tersebut menampilkan tiga orang pengkhotbah, iaitu:

The Rt. Revd. Datuk Donald Jude

Uskup Keuskupan Kuching yang berkhotbah tema utama: **"Ngasika Allah Taala".**

The Rt. Revd. Nelson Ugas Bulang

yang berkhotbah tentang: **"Cara Memuliakan Nama Tuhan".**

The Revd. Stanley Bunseng

yang berkhotbah tentang: **"Cara Berdoa yang Benar"**

Berikut adalah

Kesaksian

peserta-peserta Gempuru Besai:

Ketiga-tiga pengkhotbah menjadi tumpuan utama sepanjang Gempuru Besai tersebut. Sebagai wakil dari TJAC Kuching, saya amat berbangga kerana berpeluang mendengar dan memahami khutbah yang disampaikan.

Salah satu penyampaian yang memberi kesan mendalam kepada saya adalah daripada The Revd. Stanley Bunseng, yang berkata:

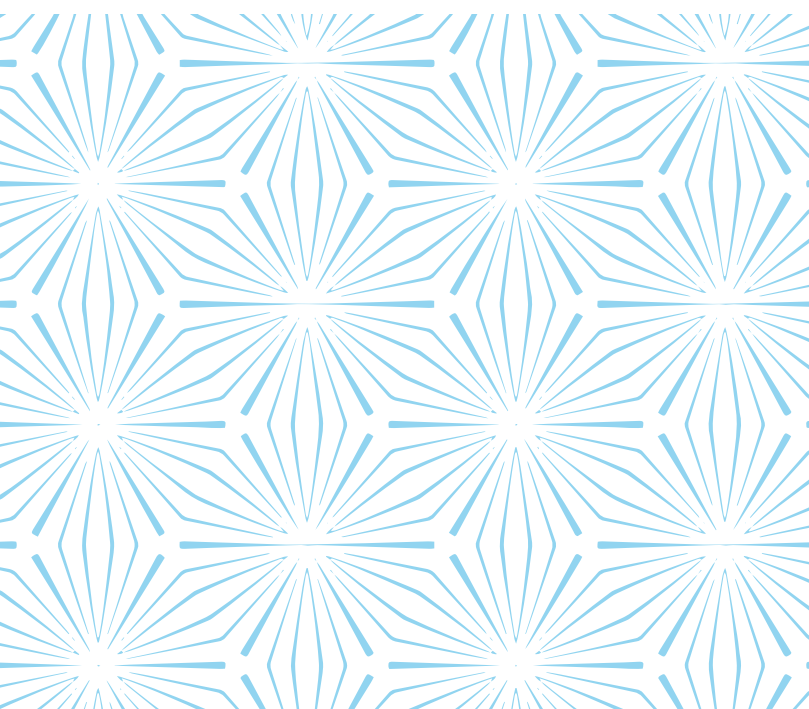
"Tidak perlu berdoa terlalu panjang, asalkan doa itu datang dari hati, bukan sekadar untuk menunjuk." Hal ini mengingatkan saya bahawa kita harus berdoa dengan keyakinan dan keikhlasan.

Saya juga mendapat inspirasi dengan persembahan daripada ahli PYF (Persekutuan Belia) seperti dari Gereja St. Lawrence's Sabu, Gereja St. Andrew's Sungai, dan Gereja St. Luke Sri Aman sendiri. Mereka sangat berbakat dalam memainkan alat muzik dan menyampaikan pujian dan penyembahan dengan baik.

Saya mendapat banyak idea baru tentang bagaimana untuk mempersembahkan pujian dan penyembahan dengan lebih berkesan. Harapan saya adalah agar saya terus dapat terlibat dan menyokong pelayanan gereja sama ada di dalam mahupun di luar kawasan gereja.

Saya ingin merakamkan ucapan terima kasih kepada Gereja St. Luke, Sri Aman atas usaha mereka menganjurkan Gempuru Besai Gereja Anglikan ke-4 bagi tahun 2025 yang sangat bermakna ini.

sdr. Alister Anak Juin



Sebagai wakil dari TJAC Kuching, saya berbangga kerana diberi peluang menyertai, mendengar dan memahami khutbah yang disampaikan.

Saya teruja dengan persembahan puji dan sembah daripada gereja-gereja St. Lawrence Sabu, St. Andrew Sungai, dan St. Luke Sri Aman. Mereka berbakat dalam memainkan alat muzik, menyampaikan pujian dan sembah dengan cukup baik dan diiringi sekali dengan doa singkat yang berkaitan dengan isi lagu.

Dengan pengalaman ini, saya berpeluang menimba ilmu baru bagaimana untuk mempersembahkan puji dan sembah dengan lebih baik untuk meningkatkan persembahan puji dan sembah di TJAC nanti.

sdr. Larry Anak Nitul

Ini adalah pertama kali saya mengikuti Gempuru Besai yang dianjurkan sepenuhnya oleh Keuskupan Kuching.

Gempuru Besai yang diadakan di Gereja St. Luke, Sri Aman tahun ini telah memberi peluang kepada saya untuk mengalami berkat rohani daripada Tuhan dengan luar biasa.

Mesej "Ngasika Allah Taala" yang disampaikan amat berkesan. Saya belajar bagaimana sebenarnya kita "ngasika" atau hormat dan taat kepada Tuhan.

Pengkhotbah turut mengajar bagaimana kita harus bertumbuh dalam iman dan bagaimana sebenarnya kita seharusnya berdoa. Kami belajar erti berdoa dengan ringkas dan padat yang memadai asalkan kita ikhlas semasa berdoa.

Sepanjang Gempuru ini juga saya dapat merasakan ikatan kasih dalam Kristus diantara kami. Ia memberi peluang untuk kami bersekutu serta berbicara, berbincang dan bergurau senda.

Saya ingin mengucapkan terima kasih kepada pihak gereja TJAC yang telah memberi peluang untuk mengikuti perhimpunan ini. Dengan ini saya menanti Gempuru yang seterusnya dengan penuh harapan.

sdr. Liba Bikoi



The lessons learned...

3rd May 2025 was a significant date for me as I attended the GBGA held at St. Luke's Church, Simanggang. The theme for the gathering was "Ngasi Ke Jako Tuhan" or "Obeying God's Words" based on Luke 5:1-11.

The Rt. Revd. Bishop Datuk Danald Jute, Rt. Revd. Nelson Ugas Bulang, and Revd. Stanley Bunseng were the main speakers at the gathering that brought 1,275 participants from Sarawak and Brunei. Our TJAC Bahasa Malaysia group was led by Revd. Lawrence Wah Onn and Revd. Ron Bunchol.

The GBGA 2025 kicked off with a melodious sound of sape music. As the music was playing, the Bishop and his entourage entered the church. I felt a sudden chill as my hair stood on end. The presence of the Holy Spirit was so real and overwhelming.

The praise and worship was truly uplifting throughout the three sessions. Praise God for our Bishop, who wholeheartedly supported and joined in to glorify God with musical instruments and dance.

In the first session, the Bishop introduced the objectives of GBGA as follows:

- Connect and build relationships and faith
- Share God's words and live in obedience to His commands



- Meet new friends
- Foster a sense of purpose
- Celebrate and appreciate our identity as Anglicans
- Praise God through both traditional hymns and contemporary music

His message stressed on setting aside our ego and pride, and letting Jesus lead us. The Apostle Peter listened and obeyed Jesus, and consequently caught a large number of fish. Obedience leads to blessings.

In the second session, Rt. Revd. Nelson Ugas Bulang reiterated the reason we should obey God. If we truly love God, we must obey Him, for love and obedience cannot be separated. Whatever we do to serve Him will not return void. Thus, we are encouraged to get ourselves involved in church ministries, using our God-given skills and talents. His grace will be upon us as we serve Him faithfully.

The final session by Rt. Revd. Stanley Bunseng brought a breath of fresh air. His heartfelt exposition on how to obey the Lord deeply touched our hearts. He encouraged us to listen attentively and respond positively to God's call, as there are many ways we can show our obedience to Him, including:

1. Using our lips to share the Good News of our Saviour.
2. Comforting and consoling those who are sorrowful.
3. Bringing healing to others, whether spiritually, emotionally, or physically.
4. Praying, loving, and respecting those around us.
5. Using our talents and abilities to glorify God and generously sharing what we have.
6. Living a life of integrity by being the salt and light of the earth.

In conclusion, GBGA 2025 has taught me to pray for the church, priests, laymen, parishioners, church ministers and myself.

I look forward to the next GBGA 2026 to be held in Bintulu.

sis. Helen Cecelia Menon



CHILDREN MINISTRY

"Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these." (Mark 10:14)

With the theme "Growing in the Lord!"

(1 Peter 3:18), a Kids' Bible Camp was organised on 15th and 16th September 2025. Forty children from the English, Chinese, BM Sunday schools and the community participated in the Camp. The theme was chosen to align with the church's theme for 2025 "Moving forward to maturity in Christ" (Hebrews 6:1). It is our goal to nurture and grow the children's faith. Ms. Rachel Gilbert from St. Faith's Church taught the children what it meant to grow in the Lord. The children had a meaningful and engaging time in learning the Word, and participated enthusiastically in the creative activities. Besides the Bible time, fun and creative games were organised for the participants, and the camp culminated with a field trip to the VH Green Nature Farm on the second day.

In TJAC, children between 4 and 12 years old in all three language groups continue to gather weekly on Sundays. After the welcome, the children sing songs of praise and worship, learn Bible stories, memorise related Bible verses, and engage in creative activities to help them grow in the knowledge of the Lord. At the same time, the Sunday School also introduces and engages the children in meaningful activities that coincide with the Church calendar such as Easter, Diocesan Children Sunday and Christmas. This year, Parents' Day was celebrated at the main service, in which the children showed their love and appreciation to their parents through songs and gifts.

Besides ministering to our own church children, the BMSC Sunday School teachers and helpers also assist with the Sunday School at St. Simon, Sebuyau. Whenever possible, on the fourth Sunday of every month, they will travel for about 2 hours to reach Sebuyau town and minister to the children. TJAC Children Ministry is also part of the LSSA Diocesan

Children Ministry Board. Our teachers and helpers actively participate and contribute to activities such as training workshops, Bible Storytelling Competition, DCMB Conference, and Sunday School Visitations. So behind all these Bible lessons and activities throughout the year is a team of dedicated and hardworking teachers and helpers. We thank God for each one, and also parents and guardians who faithfully bring their children to the Sunday School. We pray that the seed-like faith of our children will grow into a strong and lifelong faith in God.

Together, let us keep planting seeds of faith in these young lives and trust **God to bring the growth!**

sis. Josephine Gawing





**St. Simon
Sunday
School,
Sebuyau**



**Parents'
Day 2025**

WE WELCOME
children between **ages 4 and 12**
to **Sunday School!**

CHINESE-SPEAKING

8:00 – 9:30 am

Parish House

• **BAHASA MALAYSIA-SPEAKING**

8:00 – 9:30 am

Sunday School Room (Level 2)

• **ENGLISH-SPEAKING**

10:00 – 11:30 am

Sunday School Room (Level 2)



LSSA
(Lower South Sarawak
Archdeconry)
**Teachers/Helpers
training workshop
session
at TJAC**



Visit to
**St. Francis'
Church,**
Kota
Samarahan

YOUTH Ministry

It has been an incredibly fruitful

year for the Youth Ministry and as I look back, I can't help but see God's hands over all that we do. Serving in the Youth Ministry has always been something close to my heart and coordinating the Youth Ministry over the past few years has been such a blessing. This year, we witnessed a breakthrough among our youths as young people of all three congregations - English, BM and Chinese began gathering even more regularly together. Language barriers were overcome with these fellowships. Through Youth Alpha, our youths were able to mingle and discuss faith in a safe and welcoming environment. We watched as our youths grew deeper in their relationship with the Lord, and this was further solidified during the Youth Alpha Weekend Away Camp when the Holy Spirit came upon them.

I am reminded of the verse from **1 Timothy 4:12**, **"Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity."** Our youths are capable of so much and there is so much that we can in turn learn from them. I have no doubt that the Lord will continue to lead them as they journey with Him and I invite you to pray for them, that they will remain steadfast in their faith and love for God.

I would like to take the opportunity to extend my sincere gratitude to the Youth Ministry Committee for their support, teamwork, and tireless efforts for the youth. We couldn't have done it without each one of them. A special shoutout to Pastor Andrew, Auntie Ngang Peng, Evan, Bibiana, Eric, Casandra, Lina, Candy and Lindon who have all been instrumental in the Youth Ministry. Much thanks and gratitude to Pastor Andrew for his leadership, insights, prayers, and all the opportunities to connect with our Korean brothers and sisters in Christ. We will miss him dearly as he returns to Korea and we trust that the Lord will guide him in His ways. My sincere appreciation also goes to SD Irvin, sis. Anne, Reader Frank and sis. Mei Lin, for praying for the youths during Weekend Away. Additionally, we are thankful for all who have served in the ministry in different capacities - all of whom are a part of our story.

May our youths continue to grow in the knowledge and love for Christ. Glory be to God and praise God from whom all blessings flow.

sis. Elaine Yong



bro. Evan Lim

Serving in the Youth Ministry

Shalom in the name of our Lord Jesus Christ!

I would like to share my journey serving in the youth ministry. I began serving with the BMSC Youth in 2024, but my calling started much earlier.

Back in 2019, while in Kapit during a praise and worship session at a Seventh-day Adventist (SDA) church, God gave me a vision. He placed in my heart a burden to reach out to the youth, especially those from the native communities—to care for them and to teach them the truth of the Bible. I remember asking God, “How can I do this? I’m not a native, and I don’t know their language.” But God is great, and with Him, nothing is impossible.

The journey has not been easy. We’ve faced challenges such as transportation, attendance, and communication barriers, yet we’ve never given up. We continue to trust God and serve faithfully. My desire has always been to unite youths from different language groups and help them grow together as one in Christ.

In the middle of the year, we organised Alpha sessions for our youth. Through Alpha, many drew closer to God and experienced the presence of the Holy Spirit during the Alpha Weekend Away. It was truly a powerful moment.

Since then, I’ve seen amazing changes. The youths are more mature, more Christ-like, and more confident. Some who were once shy are now outgoing and active in making friends. Today, our youths are more united than ever—it’s such a joy to see what God has done in their lives.

Though challenges remain, God continues to give us strength and guidance. Glory be to God for all He has done! I also encourage parents from all language groups to bring their children to the youth gatherings, where they can grow spiritually and build strong friendships in Christ.

My Experience with Youth Group

Ever since I took part in various youth activities

such as the “Alpha Youth Camp”, I cannot help but look back at these cherished moments with good memories. Thanks to the Youth Group, I have learned more about God and His everlasting love for me.

Before joining the Youth Group, I was active in Sunday School and was always eager to go to church because I loved praise and worship and arts and crafts. I also loved getting sweet treats from Auntie Ngang Peng after church service. That was before the Covid pandemic struck.

After MCO ended, Auntie Ngang Peng reached out and asked me if I was interested in joining the English Youth. I joined without hesitation but when I joined my first youth gathering, I was extremely shy and nervous while talking with youth members because they all looked intimidating.

However, I managed to overcome that fear, thanks to Alpha Youth. It all started when I attended the usual church service. I was at a loss and took out my phone to see two missed calls from sis. Elaine. I was shocked but she reassured me and brought me to the Parish house and I was introduced to Alpha Youth.

During the Alpha Youth sessions, the youth members were separated into their own language groups and watched a video on a certain topic. At certain intervals, the video was paused and group members discussed questions that were either trivial or personal. Thanks to this, I was able to build my confidence and make new friends.

But the one thing that I will never forget was the “Alpha Youth Camp”. My time during the camp was the most memorable because I was able to learn more about the Holy Spirit and how I can reach out to Him. During the prayer session, I even cried while praying. After the session, I felt a sense of renewal and enjoyed the rest of the day by eating barbecue meat and playing games organised by bro. Almeric.

In conclusion, my time with the Youth Group has been rewarding and joyful. It has expanded my knowledge about God, while having fun with friends!

sis. Hannah Justina

Looking back, I can safely say that this year has been the most pivotal year of my life as a whole and in church. Having finished SPM and now enrolled in university, I haven't been able to serve in church as much as I previously had. However, Youth and Alpha have been truly uplifting experiences for me, allowing me to have a space where I not only can express myself freely, but also learn more about God along the way. The highlight of the year was the Alpha Youth trip, as I'm sure many who attended would agree that

they've never felt as close to God as they had on the trip. I've never really expected my life to turn out the way it did this year, but I thank God every day that it did. Even with the additional responsibilities I've taken on, I always try my best to make time for church and serve in any capacity, especially amongst the youth. With that said, I hope to continue serving in church and building a stronger relationship with God in the years to come as my story is still being written by God.

约翰316组的故事

今年3月，老师邀请我们到他家学习乐器。那时我们的音乐基础很弱，但在老师耐心的教导下，我们都慢慢地进步。现在，我们的乐器技巧都明显的进步了。另外，我们也去了 **Bung Jagoi** 爬山，老师还特别给我们准备拉面，非常享受这样的时光呢！

4月时，教会3语言部的青少年一起参加『青少年启发课程』，非常享受我们交流的时间。我们还在6月时一起参加 **Alpha Weekend Away** 生活营，让我们对圣灵的工作，与基督耶稣有更深入的理解，让我们更加认识了圣灵与基督的美好。

7月时，我们去玩保龄球，超级好玩呢！我们还在附近的美食店吃 **roti canai**。另外，有韩国教会的青年团到来与我们交流，成为他们一日游的导游，留下美好的时光。

9月时，我们去 **Pancor Hot Spring** 泡温泉，这是我的第一次体验，我们非常享受，还发动了泼水大战，非常好玩呢！

10月，老师与师母将要回韩国了，我非常感谢他们细心的教导，以及他们的陪伴。我也感谢约翰316小组的其他老师们和朋友们，他们帮助我认识了圣经里的各个重要角色所教导的道理。

我非常期待小组的聚会。

Frederick Chan 田有捷





Hebe Chow 周欣洁

感谢上帝把老师带到我们教会，他教我学会了
很多事，也给了我很多从上帝而来的平安和喜乐。

今年 3 月，老师带领我们学习乐器。感恩老师和师
母的用心和耐心。我们也去了 Bung Jagoi 爬山，在
那里共享拉面和西瓜，一段好愉快的时光！

4 月，教会开始了『青少年启发课程』；3 个语言
部的青少年一齐聚在教牧楼学习，让我获益匪浅。

6 月，教会的 3 语青少年都一起参加 Alpha Weekend
Away 生活营。其中给我最多领受的就是，在赞美敬
拜的环节中，我感受到被圣灵大大的充满！

7 月，约翰 316 的弟兄姐妹们一起去打保龄球，大家
都很享受也很快乐！之后，有韩国教会的 oppa 和
onni 们来拜访我们的教会。我们有很美好的交流时
光，很珍惜这样的时光，当天我也算是当了一天的
“导游”吧！希望以后还有韩国教会来拜访我们。

9 月，我们去了 Panchor Hot Spring 泡温泉。这还是
我第一次泡温泉呢！本以为应该挺无聊的吧，毕竟
只是去泡温泉，也没什么好玩的，没想到后来开启
了玩水大战！哈哈哈哈！很享受这样美好的郊游
时光！

今年的聚会，开始由组长负责带领赞美敬拜。第一
位带领人是我，听到这消息时，我非常地害怕和震惊
！因我是一个内向的人，不敢在人群前说话，更别
说唱歌。

但是，当真正开始带领，虽然还是紧张和害怕，仍然
能顺利地带领敬拜。之后的每一次，都希望能
更好，更进步！感谢上帝！荣耀归给上帝！

服侍 TJAC 青少年部的见证 郑炳收

大家好！

我是服侍 TJAC 教会青少年部的郑炳收老师。
首先简单介绍一下我自己，我来自韩国，在韩
国服侍青少年超过十年，从事青少年牧养与培
训事工。

从 2022 年开始，我在 TJAC 教会中文堂中
开始服侍青少年。在那之前，因为各种原因，
TJAC 中文堂并没有正式的青少年聚会。感谢
主，从 2022 年起，由我负责并开始了青少年
部的事工。

青少年部的对象是 13 岁到 30 岁的弟兄姐妹。
刚开始聚会时，大约有 7 位青少年参加。我也与
家长们沟通，鼓励他们让孩子参与青少年聚会。
结果现在主日青少年聚会平均有 10 到 15 位兄
姐妹持续参加。

起初，青少年之间彼此感到陌生和拘谨，随着时
间的推移，他们的心渐渐合一，关系越来越亲密。
首先，我通过主题式信息讲解，来检视他们的信
仰状况。主题包括：信心、十字架、救恩、耶
稣基督、三位一体、罪等等。

随着时间过去，我发现他们的信仰根基非常薄
弱。虽然口中说相信耶稣，但生活中看不出信
徒的样式。当我问：“如果今天死了，你能进天
国吗？”他们回答：“不能，因为我罪太多，进
不了天国。”这让我看到他们仍被罪捆绑，没有
真正得自由。

青少年虽然参加主日崇拜，但并不明白为何要敬
拜，也没真正体会耶稣的爱和宝血。对他们来说，
十字架的故事就像童话一般。他们从小在教会
长大，但几乎没有接受系统的信仰教育，也没有
经历过圣灵的同在，与属灵的体验。因此，在主
日聚会中谈论属灵主题并不容易。通过这些经历，
我更深体会到家庭和教会中信仰教育的重要性。

有一次主日聚会，我讲关于圣经的人物“挪亚”
的内容。但孩子们似乎对“挪亚”不太熟悉。于
是我问：“谁知道挪亚是谁？请举手？”结果
11 人中只有 4 人举手，其余 7 人说从没听过

“挪亚”这个名字。当我讲到“挪亚洪水”的故事时，7人中只有3人说好像听过。

那时圣灵感动我，要从圣经最初的故事开始教导他们。于是我从旧约中的“亚当与夏娃”讲起，围绕圣经的重要人物系统地教授圣经故事，直到如今。

我也教他们背诵圣经书卷的顺序。在主日聚会中，我们背诵旧约39卷、新约27卷，共66卷，并通过“圣经排序”游戏让学习更有趣。借此，我引导青少年建立以神的话语为中心的生活。

三年来，我们进行了两次门徒训练，共有9位弟兄姐妹学完。通过门徒训练，他们学习自己读经、默想与祷告。学完后，他们被立为小组长，开始服侍其他弟兄姐妹，并积极参与教会事工。



MUSIC & WORSHIP MINISTRY

Colossians 3:23-24

23 " Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, 24 since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving."

Songs and music have been my passion since I was in kindergarten in Saratok, my hometown. This passion grew when we moved to Kuching in 1994 and joined St. Faith's Extension Centre, which has since been renamed Tabuan Jaya Anglican Church (TJAC).

The late sis. Eleanor (Superintendent of Sunday School then) and sis. Madeline invited me to join the Sunday School team sometime in 1998. This was a turning point in my life. I started off by singing at Sunday School events before being 'promoted' to worship leader for the Wednesday Prayer Meeting for 7 years and finally a worship leader in the Sunday Service.

I believe that God had fulfilled the prophecy given to me between 1997 and 2000 before I became a Worship Leader. I thank God for He has been with me through thick and thin, even going through 'rough terrains' before finally putting me in charge of the Music and Worship Ministry. I also like to thank God for my daughter, Denise, for she too received a prophecy while serving in Sunday School with me. Praise be to God!

-"But as for me and my household, we will serve the Lord"

Joshua 24:15



sis. Rose Liu

2025 UPDATES

Firstly, I thank God, our Vicar, and everyone involved - including the sound crew - for their support and understanding to ensure everything goes well during the Sunday Worship Service and other events upon request by the Vicar and other churches.

Ongoing activities

- > Our ministry is involved with the Wednesday Prayer Meeting to encourage worship leaders to build their prayer life besides training new worship singers. This helps to train them for the Sunday Worship Service especially with the opening and closing prayer.
- > Every first week of the month we would have the choir singing with the worship leader.
- > Every year our ministry engages with our congregations through carolling. Last year, our carolling team visited eight houses for seven nights, including our Bishop's.
- > Besides carolling, our end-of-year programme includes TJAC's Christmas Eve Night and Christmas Service.



This year we are blessed because God has supplied sufficient musicians for the Sunday Service, Wednesday Prayer Meetings and other language-speaking church services when requested. I have also recruited seven new worship singers to lead our Wednesday Prayer meetings. It is one way to discover and develop the potential worship leaders for the future.

The jamming sessions, led by bro. Almeric, have resumed every Thursday night to help discover and develop musical talents for worship. It is also aimed at connecting musically-inclined individuals from the three language speaking groups. **Those interested can contact bro. Almeric 011-33829609 or sis. Rose 019-8394965 for further information.**

Prayer is the fundamental discipline taught by Jesus to his disciples throughout the Gospels (Matthew 6:5-15, Luke 11:1-13, Luke 18:1-18, Matthew 7:7-11) even to his last days on earth (Mark 14:32-42) as he wrestled with His Coming Passion on the Cross in the Garden of Gethsemane. When asked to pray by Jesus, the laxity of the disciples in such a dire situation reflects the daily challenge modern Christians face in their prayer life, distracted and caught in the frenzy of technology and smart devices.

The Anglican Prayer Lectionary we use every Sunday stresses the important truth that regular daily time spent in the presence of God praying and reading His Word is as essential as our daily meals. The Prayer Ministry therefore calls men and women to seriously take up this challenge to rise as disciples and intercessors, aligning themselves with God's plans. This is time well spent with eternal worth - to see not only transformation in our lives but also revival in our churches, communities, nations and this world through intercession.

HOW TO BE INVOLVED

a. Intercessory Prayer

- i. Weekly Tuesday (Chinese) & Wednesday (English) Prayer Meeting
- ii. Monthly Diocesan Prayer Gathering (DPG) via Zoom
- iii. Combined Churches (CCM, ACS) Malaysia Day of Prayer
- iv. Church Special Prayer (e.g. Advent Morning Prayer)

b. Prayer Conferences (Fellowship & Training)

c. Join an Intercessory Prayer Group

- i. 24x7 Diocesan Prayer Chain
- ii. Pre-Celebration Prayers
- iii. E-Intercession (subject to Event Leader)

d. Prayer Room (Pray in special space/sanctuary for self/requests)

e. Prayer Secretary for your Cell Group (subject to Cell Group Leader)

f. Prayer Secretary for Ministry (subject to Ministry Leader)



PRAYER MINISTRY



2025 UPDATES

a. Weekly Wednesday (English) Prayer Meeting

- An average of 18 members attended the past 22 meetings guided by prayer points from each ministry or topic prayer leader.

b. Diocesan Prayer Gathering (DPG)

- Monthly Zoom prayer meetings for parishes across the 6 Archdeaconries in the Diocese of Kuching.
- The objective is to pray for the clergy and their congregations in the Diocese, as well as the needs of the local community, nation, and the world.

c. 24-7 Men's Prayer Gathering 2025

- The gathering was held at Trinity Methodist Church from 10th to 11th October under the theme "Arise O Man of God".
- There were around 100 participants with 40 from the Anglican churches and 7 from TJAC.
- The seminars encouraged men to rise up as prayer warriors.
- Some valuable tips for cultivating an effective prayer life from the speakers:
 - Establishing a secret or quiet place or man cave following the examples of Jesus, Elijah, and David
 - Establishing a prayer rhythm
 - Follow Lectio 365, a powerful online prayer app guiding daily prayers in the morning, mid-day and evening following spiritual principles

d. Malaysia Day of Prayer (MDOP) 16th September

- Held on Malaysia Day at St. Faith's Church with the theme "That they may all be one" John 17:21 (ESV).
- First time the MDOP Ecumenical Prayer Service was held in Sarawak with churches from both East and West Malaysia.
- A multi-religious committee was also represented, along with the Council of Churches Malaysia (CCM) and Association of Churches in Sarawak (ACS) in attendance.
- Sermon on national building and unity and prayers were offered by different church leaders and organisations for the nation, its leaders, government, families, young generations, and churches.

SD Irvin Lim

The Biblical Foundation of Christian Education

"But as for you, continue in what you have learned and have become convinced of, because you know **those from whom you learned it**, and how **from infancy you have known the Holy Scriptures**, which are able to make you wise for salvation through faith in Christ Jesus. All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, **so that the servant of God may be thoroughly equipped for every good work.**" 2 Timothy 3:14-17

Shaping Lives for Christ in a Changing World

"Why bother with Christian Education?" you may ask. Apostle Paul, in his letter to Timothy, exhorts him to continue in his learning and conviction, emphasising the importance of the Holy Scriptures for his spiritual growth. In a world marked by rapid cultural shifts and a constant stream of competing voices, Apostle Paul's words are a reminder that the role of Christian Education (CE) has never been more vital for believers and the church's mission. As believers, we are entrusted with the task of passing on the faith—not only as knowledge, but as a lived experience rooted in the love, grace, and truth of Jesus Christ. To do so, we need to know our God, but only through His Word and the Holy Spirit's help are we able to live transformed lives through the renewal of our minds, and pass our spiritual legacy to the next generation. Failure to do so will leave our next generation with a shaky foundation, vulnerable, and exposed to worldly cultures and ideals. This is why we must invest in Christian Education!

We must grow spiritually through CE and be equipped to teach our children and new believers. The House of the Epiphany offers various CE courses, and TJAC also runs the following courses:

• Baptism and Confirmation Course (BCC)

The BCC runs 19 weeks annually (May–Sept) across three language congregations, guiding candidates through foundational Christian truths, Anglicanism, and the comparison of world religions. This year, 14 were baptized (Sept 27), and 19 confirmed by the Rt. Revd. Bishop Danald Jute (Oct 6). Congratulations — we pray that they will continue to grow strong and steadfast in faith!



Baptism Candidates on 27th September 2025



Confirmation Candidates on 6th October 2025

Christian Education – WHY BOTHER?

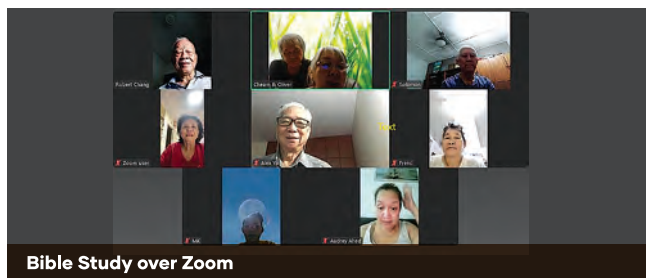
sis. Priscillia Pui

• Discovery Series

The Discovery Series, a 16-week course, is designed for believers to have a detailed understanding of the character of God, Jesus Christ, and the Holy Spirit. Classes are conducted interactively with opportunities for questions and discussions in small groups.

• Bible Study

These verse-by-verse, book-by-book deep dives, which unlock the richness of Scripture, are conducted weekly via Zoom by bro. Robert Chang. If you are keen to understand the Bible, this is your opportunity to dig deeper—every week, from anywhere.



2025 UPDATES

A heartfelt thanks to sis. Margaret Ho for her faithful leadership as CEM Head over the years — her guidance laid the foundation for BCC's success. Special appreciation also to all teachers who poured into our candidates, bro. Robert Chang and the Discovery Series team for their steadfast teaching of God's Word.

Prayer Needs

As I step into my role as CEM Head, I humbly ask for your prayers:

> For a God-given vision that truly sees and equips every TJAC member.

> For a spiritual awakening—among our three language congregations—to hunger for God's Word and grow deep in faith.

This is our moment—let's seek Him together with boldness and expectancy!

EVANGELISM MINISTRY

Journeying in Faith: Alpha Classic 2025

Alpha Classic has been one of the key evangelistic tools of Tabuan Jaya Anglican Church since 2002. The 11-week journey has brought together people from all walks of life to explore the foundations of the Christian faith.

The course comprises a series of interactive sessions designed to introduce the basics of Christianity in a relaxed, friendly environment. Each session involves thought-provoking videos, refreshments and small group discussions — all centered on life's big questions, such as: Why am I here? Is there more to life than this? Who is Jesus?

A Strong Start and a Joyful Ending

The launch on 11th March 2025 accompanied by a sumptuous dinner, drew a strong turnout of 101 participants, which reflected both the hunger for spiritual discovery and the church's dedication to welcoming seekers and nurturing believers.



Alpha Classic 2025 concluded on 27th May 2025 with a Celebration Night filled with joy, reflection, and personal testimonies by guests. 87 people attended to celebrate not just the end of a course, but also the many stories of lives touched and faith deepened.

Alpha Weekend: A Holy Spirit Encounter

The Alpha Weekend was held at the House of The Epiphany. This one-day retreat provided a sacred space to explore the person and work of the Holy Spirit more deeply. 78 participants attended: 16 from the Bahasa Malaysia group, 28 from the Chinese group, and 34 from the English group — they had an enjoyable time of listening to the teaching, worshipping, and praying for the infilling of the Holy Spirit.

The Impact and the Way Forward

What made this Alpha Course truly special and impactful was not just the content, but the community it created. Through open dialogue and shared meals, guests and hosts have built friendships that crossed age barriers. Questions were raised and answered, stories were shared, and hearts were opened to the transforming love of Christ.

"Come and see." — John 1:39

Alpha Classic Organising Committee:

Reader Frank Jitab (Chairman)
Rev. Richard Chang (Advisor), Rev. Lawrence Wah Onn,
Rev. Ron Bunchol, Reader Gabriel, LR Alex,
bro. Philip, bro. Oliver, sis. Sharon, sis. Mei Lin,
bro. William and sis. Cheam

2025 Evangelistic and Outreach Programmes/Involvement

- Mission trips to St. Simon Church at Sebuyau and St. Andrew's Chapel, Maludam
- Mission (Study Tour) to St. Margaret - St. James' Church in Pontianak, West Kalimantan
- Outreach activities undertaken by VCL Ministry, Praise Dance and Line Dancing activities
- Continued financial support to Pontianak Mission Partnership Fund, sponsorship of Tadika Simfoni, Sebuyau teachers' salaries, and donation to rural parish building funds

In 2026, TJAC will continue to widen its evangelism related initiatives to reach out and gather in the harvest of precious souls for His Glory, not only in the immediate surrounds of Tabuan Jaya, but also beyond to fulfil God's vision for our Church.

LR Alex Tan & Reader Frank Jitab



PONTIANAK MISSION PARTNERSHIP -

Sowing For Sustainable Growth

On the early morning of Monday, 14th July 2025, a team of four from TJAC—led by Revd. Ron Bunchol, together with LR Alex Tan, bro. Oliver Rengga, and sis. Cheam Chai Fong set out on an eight-hour road journey from Kuching to Pontianak. The purpose of this four-day mission trip was to engage with the leaders and congregation of St. Margaret - St. James' Church (SMSJ) in Pontianak, to study the current state of spiritual growth and health within the church, and to explore ways TJAC could strengthen its involvement with SMSJ in a meaningful and sustainable manner.

This visit marked TJAC's fourth mission trip since its first in 2014. Over the years, TJAC has consistently supported the Pontianak Mission Partnership (PMP) through annual financial contributions. The PMP, an initiative of the Diocese of Kuching under the leadership of Asst. Bishop Andy Shie, plays an active role in supporting SMSJ, which is under the Diocese of Singapore.

The church has come a long way since its humble beginnings in the mid-2000s. Initially, services and activities were held in a modest ruko (a small terrace house) in the city centre. By God's grace, the church later acquired a large warehouse on the eastern bank of the Kapuas River. This building was repurposed into a church and educational institution: St. Margaret - St. James' Church alongside St. Margaret's School, which includes both a kindergarten and a primary school.

On the second day of the trip, after a short time of prayer and dedication, the team was warmly welcomed by Revd. Victor Immanuel Kansil and his congregation. The church building, located along a bustling street, is spread across three levels: the ground floor houses the school and kindergarten, the second floor serves as the main worship hall, and the third floor provides living quarters for the priest along with guest rooms.



TJAC Team at St. Margaret's School



With students & teachers of SMS



These engagements revealed the following needs of SMSJ:

- Strengthening the management team and leadership base
- Setting up a resource centre to support ministry and education
- Securing financial assistance for building repairs, land title processing, a church van, and scholarships for underprivileged students

For TJAC, these findings underscore the importance of stepping up our commitment to the Pontianak Mission Partnership. This is a call for positive responses from our congregation—through financial giving, active participation in mission trips, or both. By working together in prayer, generosity, and service, we can help ensure that the ministry in Pontianak grows deeper roots and bears lasting fruit for the Glory of God.

LR Alex Tan

The morning session was dedicated to fellowship with the school children, who delighted the visitors with song presentations in English and Bahasa Indonesia. Gifts were shared, fostering joy and encouragement among the young ones. In the afternoon, the team received a detailed briefing on the activities of both the church and the school. In return, TJAC shared insights on its evangelism and discipleship ministries, including the Victory Community Link, Discipleship and Bible Study programs, and the Home Cell model for nurturing church growth.

Day 3 focused on pastoral visits and ministry with church members. In the evening, the team participated in a cell group meeting, which was followed by a fruitful discussion with Revd. Victor at a local



Ministry Time



At Cell Group Meeting

VICTORY COMMUNITY LINK (VCL)

We give thanks to God for the Victory Community Link that has been running for over a decade. We consider it a privilege and a joy to be in the VCL team, a channel of His blessings to the VCL families. We pray that God will continue to guide our steps each day, even in the smallest task, and help us to serve with His wisdom, love, and kindness.

The Families

There are 19 families under the VCL. The majority of the families live in and around Kuching City, while the rest are in Kota Samarahan, Beratok and Kampong Tae. The "urban poor", families with low and unstable income, struggle with the rising cost of city living while their rural counterparts often face a lack of job opportunities and slow economic development. The VCL team visits each family every two months, bringing food and other essentials. We also share the Word of God and pray with them, and we can see God working in their lives amidst their struggles and hardship. We praise God that all the families are Christians now, although most of them require encouragement and even correction at times. As God fills their hearts with hope, strength, and comfort, we are blessed and strengthened by the enduring faith demonstrated by some family members.



We continue to assist a family member to report herself to the welfare department once every three months. At other times, we accompany sick family members to clinics and pharmacies. Sometimes we also make unscheduled visits to homes to deliver extra food and touch base with the elderly.

The Children

We thank God that most of the adult children are working and supporting themselves and their families. However, they often have to work on Sundays and miss church services. We pray that they will explore other ways to participate in the faith community.

As in previous years, the “back to school” aid is given to school-going children at the beginning of the new school year. Financial assistance for school bus fares is also provided to the families in dire need. With encouragement, several children residing in the vicinity of Kampong Stampin Baru area are attending the free tuition classes organised by Breakthrough. We always emphasise and remind the parents of the critical importance of their children’s education, stressing that parental involvement is key to their children’s success. Last year, we assisted a child in his application for a late school admission to Primary One. The approval finally came in January this year, after a long wait. His father was moved to tears when he saw his son in school uniform and actually going to Primary Two in February. In another case, we also facilitated the purchase of a laptop for a Kuching Vocational College student who required it for her studies.



We praise God that two children have attended the Youth Alpha and successfully completed the confirmation class this year. Both of them were baptised and confirmed in TJAC. Our deep gratitude to Pastor Andrew Jung, his team, and the Baptism and Confirmation Course teachers for loving and nurturing them.



Other Updates

The VCL team visits the Green Ribbon Home at Jalan Emerald once every two months to deliver groceries and minister to the residents, who are mostly the elderly.

On 25th October, the VCL team also organised a CPR & AED Awareness talk, which drew both TJAC members and others from the community.

Future Plans

Suggestions to widen the scope of activities:

1. To connect with NGOs or community organisations.
2. To carry out medical missions such as taking BP during community visitations.
3. To organise activities for elderly fellowship.

We thank you for partnering with VCL through your prayers and the generous giving of your time and finances over the years. We urge you to labor with us in this part of the vineyard, even as we pray for the Lord to send more workers into the harvest field.

sis. Esther Paat

Is Missions a MISSION IMPOSSIBLE?

My reflections on the
Provincial Missions Conference
(21-23 October 2025)

What comes to mind when you think of missions? I used to envision missions as being all about giving up my current existence and traveling to a foreign country to fulfill the Great Commission of Matthew 28:18-20. As an idealistic youth, I used to dream about packing my bags and fancied myself living among an unreached community in a foreign land somewhere. In fact, my decision to pursue an MA in Applied Linguistics was spurred by the prospect of missions, as an English-language teaching qualification opens doors to teaching opportunities in other countries.

Over the years, my idealistic view of missions has been replaced by the realities of earning a living and caregiving. I honestly haven't thought much about missions, dismissing them as distant dreams, until I attended the Diocesan Mission Mini Forum in February this year and, most recently, the Province of South East Asia Missions Conference with its theme "Thy Kingdom, Thy Will" at St. Thomas' Cathedral. Both events reignited my passion for missions, replacing my previous ideas with a clearer understanding of its definition and scope.

This testimony shares my key takeaways from the Missions Conference with the hope of challenging you to rethink the idea of missions as a mission possible at every stage and station of life.

The word "Missions" simply means "being sent". As believers, we are sent by Christ to share His love and teaching (Matthew 28:18-20) and to make disciples of "all nations". In fact, at the end of our weekly service, we are commissioned to "go in peace, to love and serve the Lord." Missions is for everyone, not just a select few.

Engaging in missions is possible at every stage of life. In 1984, the Anglican Consultative Council adopted the Five Marks of Mission — a foundational guide for all mission work, rooted in Christ's own mission.



SUMMARY OF 5 MARKS OF MISSION



TELL

> proclaim the kingdom of God

The first mark (based on Mark 1:14-15) forms the premise for the 5 Marks of Mission. Proclaiming the good news about the kingdom of God is not just about words but also living a life that demonstrates the love of Christ to the world.



TEACH

> teach, baptise, and nurture new believers

The second mark (based on Matthew 28: 18-20, Acts 2: 42-47) stresses the importance of Christian Education and discipleship in the body of Christ for the formation of a new Spirit-breathed humanity.



TEND

> respond to human need by loving service

The third mark (based on Luke 4:18) reminds us that as followers of Christ, we are 'sent' (John 20:21) to heal and bring God's love and hope to those who are hopeless and suffering. "Human need" encompasses the need of every human being, not just those within our church community but also, our enemies.



TRANSFORM

> transform unjust structures of society, challenge violence, and pursue peace and reconciliation

The fourth mark (based on Romans 12:2, Luke 4: 18-21) is an appeal for action to advocate for social justice and concerns, going beyond evangelism.



TREASURE

> strive to safeguard the integrity of creation, and sustain and renew the life of the earth

The fifth mark (based on Genesis 2:15 and Leviticus 25) reflects God's heart and care for creation. As stewards of God's creation, it is our responsibility to care for all of God's creation and not exploit the environment and other creatures for our own benefit.

The Five Marks of Mission show that missions aren't just about overseas trips — they're possible right here, at the individual, home cell, and church levels.

Incorporating missions in the church is an integral part of the Great Commission.

Before engaging in missions, the church must first understand what the Anglican Mission means. From there, we can brainstorm practical ways to weave evangelism into all levels of ministry.

The following are some ideas based on experience at St. John's St. Margaret's (Singapore):

> Individual: Pray, give to missions, volunteer with NGOs or community groups (e.g., SSPCA, Boys/Girls Brigade, Red Crescent).

> Home Cell: Visit hospitals with songs/gifts; host Christmas parties for underprivileged kids; minister at elderly care homes.

> Church: Launch eco-awareness initiatives; hold CNY orange blessing events to bless and share faith with our neighbours.

Ephesians 2:10 reminds us: "We are God's handiwork, created to do good works." Missions isn't impossible — it starts with a mindset shift.

sis. Priscillia Pui

At the Diocesan Mission and Evangelism Board's Mission Mini Forum on 22 February at St. Helen's Church, Serian.



At the Deanery of Cambodia's Workshop (PMC)



Provincial Missions Conference

(21-23 October 2025)

圣公会东南亚教省宣教大会

宣教大会中的主要领受和反思，重新思考“宣教”在生命每个阶段的“可能的使命”。

“宣教”意指“被差遣”。作为信徒，我们被基督差遣去传扬祂的爱与教导（太 28:18-20），使万民成为门徒。事实上，每主日崇拜的结束，我们都被差派“平安地出去爱和事奉主”。宣教不是少数人的专利，而是每个信徒的呼召。

圣公会协进理事会在 1984 年确立了“五个宣教标志”，作为一切宣教事工的根基，反映基督自己的使命。



五个宣教标志

的意义简述：



TELL > 宣告

传扬神的国度与救恩的信息。福音不仅是口头传讲，更是生命的见证，让世人看见基督的爱。（可 1:14-15）



TEACH > 教导

教导、施洗并栽培新的信徒。强调基督教育与门训的重要，使生命更新，成为新造的人。（太 28:18-20；徒 2:42-47）



TEND > 关怀

以爱心回应人们的需要，实践服事。信徒被差遣去医治伤痛，向绝望与受苦的人传递神的爱与盼望；是所有人的需要，甚至敌人。（路 4:18；约 20:21）



TRANSFORM > 转化

改变不公义的社会结构，抵制暴力，促进和平与和好。呼吁信徒为公义发声，不仅限于传福音，也实践信仰中的社会关怀。（罗 12:2；路 4:18-21）



TREASURE > 珍惜

维护受造界的完整，保护并更新地球的生命。反映神对万物的关怀，信徒是受托的管家，爱护环境与生物，而非为私利而滥用。（创 2:15；利 25 章）

『五个宣教标志』提醒我们，宣教并不限于海外，而是可以在个人、小组及教会层面上实践。将宣教融入教会生活，是履行“大使命”的核心部分。

- 个人层面：为宣教祷告、奉献、参与非政府或社区组织（如动物协会、少年旅、红新月会等）。
- 小组层面：探访医院、赠送礼物与诗歌关怀；为弱势儿童举办圣诞聚会；到安老院服事长者。
- 教会层面：推动环保意识活动；举办农历新年派柑活动，祝福并分享信仰给邻舍。

以弗所书 2:10 提醒我们：“我们原是他的工作，在基督耶稣里造成的，为要叫我们行善。”宣教并非不可能，只要我们更新心思意念，从心开始。

Priscillia 贝宇



On 5 August 2025, after gentle persuasion from a dear friend, I joined her and a group of Christians from the Netherlands on a trip to a remote village in Melawi, West Kalimantan. I did not know what I was stepping into—only that it would be my first mission-style experience. The 12-hour drive from Kuching was long, but what awaited us was beyond anything I had imagined.

During the journey, a Dutch pastor shared a haunting story. Orphaned children were left to survive alone in the jungle. Choked with emotion, the pastor spoke of a village he had visited years ago, where he rescued two children from sinking mud after the village chief branded them as unwanted and left them to die. That story stayed with me.

The village we were about to visit, however, was born from a calling. A Dutch man living in Australia felt led by God to share the love and salvation of Jesus with the tribal people of Borneo. With little more than faith, he and his wife obeyed. In his book *Miracle Zone in the Jungles of Borneo*, he recounted his calling to build a



I have seen God move in the lives and stories of others, but this moment was unlike any other—it etched itself deeply into my soul. The selflessness, the faith, the courage—it all pointed to a God who sees, provides, and finishes what He begins. I left deeply blessed, in awe of what God can do when we simply say yes.

"Just Enough": My Journey into the Heart of Borneo

village for 1,000 children and schools for 2,000 more—a commission from God and an act of obedience that became a miracle.

When we arrived, my first impression of the village was pure wonder. Hundreds of eager children greeted us with such warmth that our exhaustion melted away. Each morning began with worship at 5:30 a.m., followed by breakfast and time spent exploring the vast grounds. Pastor Ronny, the man God used to lead this mission, shared how the village—once just a vision—now includes schools, a mini hospital, and even a helipad under construction.

One moment that deeply moved me was when Pastor Ronny spoke of nearly giving up. Pressures from the government, threats from nearby villages, and internal struggles had worn him down. During a 40-day fast, he climbed a hilltop and heard God's voice: "On this ground, you will build My church where all tribes will praise Me." God assured him, "What I started, I will finish." We wept. It was clear—God is intimately present in this place.

Miracles abound here. When the river water was contaminated, clean springs were found on the property. When funds ran low, provision came—never too much, never too little, just enough. Even witch doctors have come to Christ, and remote villages have experienced salvation.

And the name of that village? The Living Water Village.

Scripture Reflection

**"Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus."
Philippians 1:6 (NIV)**

In the heart of the jungle, where resources were scarce and hope seemed fragile, God was already at work. Through the obedience of one man and the perseverance of many, a village was born—not just of buildings and programmes, but of miracles, worship, and transformation.

I saw firsthand what it means to trust God when everything feels uncertain. Pastor Ronny's story reminded me that God does not abandon the work He starts. Even when the river runs dry, the funds disappear, or the pressure mounts—He provides. Not too much, not too little, but just enough.

This verse now lives in me differently. It is no longer just a promise on paper—it is a reality I witnessed. And it is a reminder to all of us: when we say yes to God, He finishes what He begins.

sis. Katrina Sharon Ragam



CHRISTIAN COUNSELLING FOR SENIORS

(Based on a talk given at a Seminar for Seniors organised by Miri Anglican Senior Citizen Ministry on 26 July 2025 at House of the Epiphany, Kuching)

As we age, life inevitably brings changes—some deeply challenging. For seniors, the emotional burdens can be overwhelming, especially when dealing with long-standing issues like grief, anxiety, loneliness, or unforgiveness. These negative emotional struggles often shape their perceptions of the world and interactions with others. The good news is that Christian counselling provides a path to healing, restoration, and wholeness, offering seniors the opportunity to live out their later years in peace and reconciliation with themselves and others.

Emotional Issues Facing Seniors

Older adults often face a range of emotional challenges that can lead to significant distress. Among them are fear, worry, and anxiety, which may be worsened by health concerns, financial instability, or the uncertainties of aging. Grief and loss are also common, especially as seniors cope with the death of loved ones or the loss of their own independence. Many seniors also feel disconnected from their communities or families, leading to loneliness and social isolation. Depression, stemming from these circumstances, is also widespread, along with feelings of stigma and discrimination as aging often brings a sense of invisibility in society.

These issues are not just a product of aging but have deeper roots. Many of these struggles arise from the effects of our Adamic sin, adverse childhood experiences, generational iniquities, wrong choices, and our environment. Over time, it can become complex emotional and spiritual challenges that are often difficult to resolve without help.

Layers of Life's Pain

The emotional burdens seniors face are not always obvious. They build up over time, layer by layer, like the layers of an onion. Each painful experience adds another layer of hurt, trauma, or bitterness. As seniors age, these layers of negativity can influence how they view the world, themselves, and others. This "worldview" can become distorted, affecting their ability to see life through a lens of peace and joy.

Christian counselling can therefore help seniors to "peel away" these layers of pain, enabling them to discover the healing power of God's love through His Word, the Holy Spirit, and prayer. Seniors often react from a place of past hurts or unhealed trauma, which can prevent them from living fully in the present.

Steps Toward Healing

Christian counselling can offer seniors and anyone else for that matter, a pathway to healing through faith and prayer. To overcome emotional struggles, it is essential to approach healing from a holistic Christian perspective through the following:

1. Surrender all aspects of our lives to God.
2. Confess, repent, and renounce all sins.
3. Release and receive forgiveness to enable the Holy Spirit's work in our lives.
4. Receive healing of deep emotional wounds, particularly those caused by abuse or trauma.

The Path to Total Healing

True healing and restoration require a deliberate, intentional effort to trust in the Word of God and cooperation with the Holy Spirit. It requires obedience to God's guidance, seeking His wisdom in their decision-making and emotional healing. This cooperation opens the door to God's transformative power, bringing wholeness and peace.

In conclusion, Christian counselling can be a vital resource for overcoming emotional struggles and living a fulfilling life ahead. For further information on Christian counselling, contact

Raphah Ministries East Malaysia at 019-5730309 or email raphahKCH@gmail.com.

Making **PALM CROSSES**



On Saturday, 12th April 2025, many TJAC members gathered at the church foyer to make palm crosses for distribution at the Palm Sunday service. The palm crosses serve as a reminder of the triumphal entry of Jesus Christ into Jerusalem.

By the time I arrived at 8:00 AM, many brothers and sisters had already arrived. On the long tables were piles of palm leaves already stripped. There was much excitement and laughter as we started to make the crosses. This was the first time I tried making the crosses. Initial attempts were clumsy, but with the guidance from the sisters, I improved and could make many nice ones.

As I made the crosses, memories of our Lord Jesus Christ's triumphal entry into Jerusalem came to mind. It was recorded in Mark 11:1-11 that "many people spread their cloaks on the road, while others spread branches they had cut in the fields. They went ahead, and those who followed shouted,

'Hosanna! Blessed is he who comes in the name of the Lord! Hosanna in the highest!'"

With all the chatter, laughter, and excited comparisons of whose crosses looked best, it felt as if we, too, were welcoming and worshipping him who comes in the name of the Lord. The time passed quickly, and it was an opportunity for members from the Bahasa Malaysia, Chinese, and English congregations to get together to know one another better and form bonds of friendship and love. We are indeed pleased that God called us to unite and gather to serve Him.

To God be the glory!

sis. Vida Chong



LORD, CARRY ME through this...

"Lord, carry me through this ...",

I silently prayed as I stepped out of the clinic. The result of my initial scanning and blood test had the doctor recommend me for an urgent surgery. The next few days were a flurry of more scans and blood tests at the hospital and emergency meetings with my staff to prepare them for my absence in the next few weeks. I was diagnosed with stage 2 ovarian cancer. A week after meeting the doctor, on 27th October 2020, and one month short of my early retirement, I had a surgery at a private hospital to remove the tumour. For 4 months, during the initial months of my retirement, also during the MCO, I underwent chemotherapy at the Sarawak General Hospital.

Five years on at my last doctor's appointment in August this year, the doctor told me that I can now come for my next check-up in a year's time as the risk of recurrence is now low. Hallelujah! Our God is indeed faithful, and He answers prayers! He carried me through one of the toughest moments in my life. I am thankful to the Lord, for all those far and near who have prayed, encouraged and kept me in their prayers, for my family's love and support, and for Chris, my husband, who has always been at my side to support me. Most of all, I am forever grateful to my Lord and Saviour, Jesus Christ, whose love, and words gave me hope, and enabled me to live under His loving grace!

All glory and honour to Him!

sis. Josephine Gawing



HOME CELL MINISTRY

To God be the glory forever and ever!

The Home Cell Ministry has humble beginnings, evolving from the Extension Centre shop lot to its current presence in the parish. It is the grace and love of God that inspire all parishioners to align their hearts with His redemptive purposes and will. As stated in Hebrews 10:24-25, "Let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near." This powerful message calls us to uplift and support our fellow parishioners, igniting their love and service through good works.

Perseverance among brethren is a shared journey that thrives on our commitment to come together. Community encouragement fosters resilience, and the act of gathering strengthens our faith (Hebrews 3:13; cf. Hebrews 13:22) as we grow together as the spiritual body of Jesus Christ. The advantages of participating in a cell group far outweigh any hesitation to embrace it.

Our cell groups are diverse, catering to people of different ages, interests, and life stages. In the cell groups, we dive into Bible study, apply God's Word, and experience profound spiritual growth. We cultivate strong relationships, building a unified and loving church community. We pray for one another, encourage each other in our faith, and stand together in times of difficulty, offering practical support and wisdom. We are empowered to use our unique gifts and talents to strengthen one another.

The Home Cell Ministry is dedicated to facilitating spiritual growth, fostering unity within the church, fortifying our faith, and providing unwavering mutual support on our faith journey.

Through regular fellowship within the cell groups, parishioners find a safe space to share their joys and struggles, deepening their connection to God and to

one another. This supportive environment encourages spiritual accountability and personal transformation, allowing each member to flourish in faith and service. In addition, the cell groups serve as a catalyst for outreach and evangelism, inspiring members to share the Gospel beyond the walls of the church. By nurturing discipleship and fostering authentic relationships, home cell groups play a vital role in extending Christ's love to the broader community. Together, we are called to be the salt and light, reflecting God's hope and compassion in our daily lives.

Participation in the cell groups not only nurtures personal spiritual development but also equips members to become active contributors to the life of the parish. As individuals discover their spiritual gifts and learn to serve alongside others, their sense of belonging and purpose within the church family is strengthened. This collaborative spirit empowers the ministry to respond effectively to the needs of both parishioners and the broader community, fostering a culture of compassion, hospitality, and servant leadership that reflects the heart of Christ.

The cell groups stand as a cornerstone of spiritual growth and communal support within the parish. By coming together in faith, parishioners not only deepen their relationship with God, but also with one another, empowering each member to live out their calling in unity and love. Through fellowship, discipleship, and outreach, the Cell Groups continue to illuminate the path of service and compassion, ensuring that the church remains a vibrant, caring, and Christ-centred community for all.

Reader Yap Min Su

HOMECELLS



"And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near."

Hebrews 10:24-25

We give praise and thanks to our Almighty God for His abundant blessings and faithfulness throughout the past year. His grace has sustained our members and their families in every way.

Our home cell currently has 15 members, with an average attendance of around 10 members at our weekly Friday night meetings. We have successfully completed the "Life of Christ" Bible study series, which has deeply enriched our understanding and spiritual growth. Last month, we began a new journey through the "SMCC Making Disciples of Jesus Christ" series, starting with the Gospel of Mark. Each session is filled with keen participation as members share their insights on biblical interpretation and personal life application.

Antioch Home Cell continues to be a closely-knit fellowship group. Members consistently support, encourage, and uphold one another in prayer, and we have truly witnessed the Lord's Hand at work among us.

As part of our yearly tradition, we gathered on 13 September 2025 for our annual fellowship dinner, celebrating God's goodness and faithfulness over our lives throughout the year.

Looking ahead, we entrust 2026 into the Lord's hand — trusting in His saving grace and mercy, as we continue to walk faithfully in His calling and guidance, both individually and as families united in Christ.

All Praise, Glory and Honour be to God our Heavenly Father! Amen!

LR Alex Tan



Jabez Homecell was originally named Jordan until the previous leader stepped down. I was then chosen to take over the leadership, stepping out of my comfort zone in Bethlehem Homecell.

For the past twenty years, we have been meeting on rotation in members' homes. After the Covid MCO, we shifted to meeting mostly online.

We currently have 10 registered members and 2 regular visitors. We meet twice a month in members' homes, and the remaining sessions are held online via Google Meet.

bro. Anson Tan



MOUNT OF OLIVES

Growing In Faith With My Spiritual Family

I joined the Mount of Olives (MOO) home cell two years ago. Being a member of a home cell in TJAC is crucial in the development of any individual's spiritual growth in the Christian faith, aside from attending Sunday service. Being part of the home cell has strengthened my Christian faith and brought my relationship with God to a deeper level as I learn more about God from the Bible.

Led by sis. Margaret, who is caring and inspirational, our members are of diverse backgrounds. We meet once every fortnight via Zoom and also meet up socially on special occasions. We have very dedicated facilitators and prayer warriors in our group who guide and encourage new members in every aspect of spiritual life, from Bible study applications to learning how to pray wholeheartedly.

On a more personal note, my spiritual growth and relationship with the MOO family has given me the confidence to serve in the Praise & Worship ministry under the guidance of sis. Rose and Annie. I have also volunteered to be a lector during Sunday worship service to further connect with TJAC members.

The heart of MOO lies in the friendship and warmth demonstrated by its members. We are continuously growing in our faith and strengthening our relationship with God.

If you are not in a homecell, we welcome you to MOO with joyful and open hearts!

sis. Charmain Song



PHILADELPHIA



MT. ZION

The average age of our HC is 73.8; the youngest is 66 and the oldest is 82.

(Not in picture: bro Norma Sipang)



EMMAUS



HOREB 何烈山小组

TJAC HOMECELLS

English Speaking

ANTIOCH	LR Alex Tan	019 887 1842
BETHEL	Leung Kui Phin	019 876 9144
BETHLEHEM	Agnes Chew	019 817 1334
CANAAN	Christopher Chan	017 860 5557
CROSSROADS	Eric Tan	016 800 5808
EMMAUS	Joshua Voon	019 827 8221
JABEZ	Anson Tan	019 886 7140
JUDAH	Josephine Chia	012 888 8729
MT. OF OLIVES	Margaret Ho	019 889 9265
MT. ZION	Lim Teck Seng	012 886 6331
PHILIPPI	Yong Sieng Hong	019 819 1339
PHILADELPHIA	Robert Chang	016 867 3883

Chinese Speaking

摩利亜山小组	傅德昌弟兄	013 477 7575
迦密山小组	冯淑莹姐妹	013 811 7600
约翰316小组	吴佩兰姐妹	010 464 5254
黑门山小组	陈玉珍副会吏	013 801 0770
何烈山小组	吴源海弟兄	012 878 2196

Bahasa Malaysia Speaking

BERITA BAIK	Gabriel Henry	011-1052 3772
CAHAYA KRISTUS	Larry Anak Nitul	016-858 3559

BIBLE STUDY Groups

THE CHUA FAMILY	Chang Foh Seng / Alex Ong	012 890 1193
GOD'S AMAZING GRACE	Ida Lai Moi Moi	016 860 9797
JEHOVAH JIREH	Betty Wong	016 883 7128
JEHOVAH RAPHA 1	Linda Liew	012 889 2360
JEHOVAH RAPHA 2	Ida Lai Moi Moi	016 860 9797
JEHOVAH ROHI	Margaret Ho	019 889 9265
JEHOVAH SHALOM	Esther Paat	016 890 1221
JEHOVAH SHAMMAH	Martin Chan	019 859 3177

Parochial Church Council (PCC)

2025/5 - 2027/5

Chairman
Vice Chairman
Hon. Secretary
Assistant Secretary
Hon. Treasurer
Assistant Treasurer
Vicar's Warden
Church Wardens
Elected Representatives
Christian Education Ministry
Home Cell Ministry
Music And Worship Ministry
Prayer Ministry
Youth Ministry
Children Ministry
Evangelism Ministry
Victory Community Link
Chinese Speaking Congregation
Bahasa Malaysia Speaking
Congregation
Property Devt. Committee
Multimedia Committee

THE REVD. RICHARD CHANG
LR ALEX TAN
MDM. ANGELA CHAN
MS. JACQUELINE RITO
MDM. AUDREY AHED
MS. JUDITH HO
MR. CHRISTOPHER CHAN
MR. WILLIAM YEO, MR. OLIVER RENGGA
SD IRVIN LIM, MR. STANLEY CHUA
MS. PRISCILLIA PUI
READER YAP MIN SU
MDM. ROSE LIU
SD IRVIN LIM
MDM. ELAINE YONG
MDM. JOSEPHINE GAWING
LR ALEX TAN
MR. CHANG FOH SENG
MR. PHILIP CHEN
READER GABRIEL HENRY AJIN
MR. STANLEY CHUA
MR. IAN CHANG

Pastoral Staff

Vicar	THE REVD. RICHARD CHANG
Assistant Priests	THE REVD. LAWRENCE WAH ONN, THE REVD. RONEO J. BUNCHOL
Sub-Deacons	SD GEOFFREY TEO, SD HELEN CHAN, SD IRVIN LIM, SD JOHN CHEONG
Lay Readers	LR ALEX TAN, LR DENNIS WEE, LR JOSHUA VOON
Readers	READER FRANK JITAB, READER GABRIEL HENRY AJIN, READER YAP MIN SU

Church Info

Sunday Services

(Also available via Live Streaming on Facebook & Youtube)

BM / Iban 8:00 AM

Chinese 8:00 AM

English 10:00 AM



tjackkuching



tabuanjayaanglican



TJAC Kuching



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